

# IS YOUR CHILD FACING EMOTIONAL PROBLEMS?

**Find out more..**



## 10 SIGNS OF EMOTIONAL RISKS

- |                              |                       |
|------------------------------|-----------------------|
| 1. Aggression                | 6. Constant shaking   |
| 2. Behavioural changes       | 7. Lack of response   |
| 3. Changes in eating habits  | 8. Anxious/clingy     |
| 4. Frequent trips to toilets | 9. Avoids eye contact |
| 5. Mood swings/ Tantrums     | 10. Isolation         |

## **Activity: Share Your Feelings!**

### OBJECTIVES :

- To create awareness among parents regarding the importance of emotional safety
- To educate children on how to express and identify emotions

### ROLES OF EDUCATORS :

- Guide children and parents to the seats provided
- Present slides prepared about emotional safety
- After the talk, teachers would provide materials
- Ask how the children are feeling as well as compliment and interact with them

### TASKS INVOLVING PARENTS:

- Create a D.I.Y 30 day emotions tracker
- Craft paper emoticons
- Communicate with other parents and encourage children to do the same to other children

**Date: 8 April 2020**

**Time: 2pm - 4pm**

**Venue: Little Wizards Preschool**

**\* tea break provided**